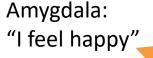
## Addiction Pathway In Our Body

## We feel happy when we are:

- Hugged by a friend
- Eating a delicious piece of cake
- Viewing pornography



## NuA:

"Move your mouse, click the next video"

- 1. VTA releases dopamine
- 2. Dopamine travels to amygdala, nucleus accumbens, prefrontal cortex, and hippocampus

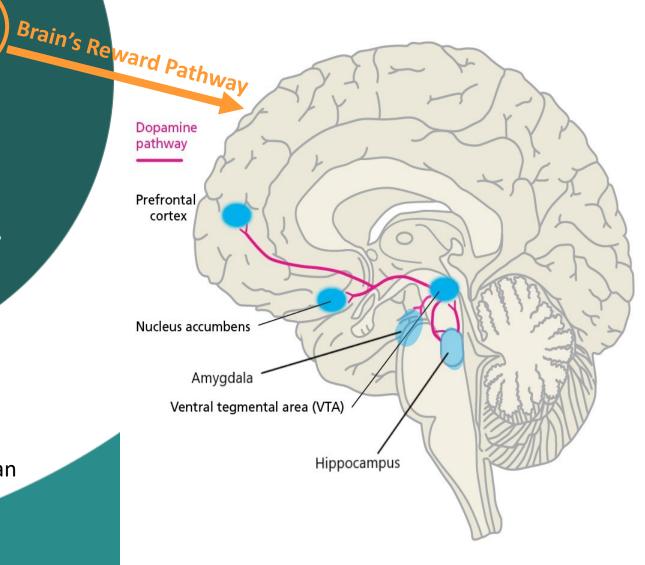
Prefrontal Cortex:
"Focus on the video"

Hippocampus:

"Let's remember the environment so we can do this again"



## Community Family Services of Ontario 家和



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