



2022-2023 ANNUAL REPORT

2024 CALENDAR

OUR LOCATIONS

MAIN OFFICE:

4051 Gordon Baker Rd, Unit A, Scarborough, ON M1W 2P3

SATELLITE LOCATIONS

By Appointment Only TORONTO:

Toronto Community Alliance Church 77 First Ave. Toronto, ON. M4M 1W7

MARKHAM:

5665 14th Ave, Markham, ON L3S 3K5

UNIONVILLE:

600 Village Pkwy, Markham, ON L3R 6C2

MISSISSAUGA:

720 Burnhamthorpe Rd West, Unit 2, Mississauga, ON L5C 3G1

REACH US AT

Tel: 416-979-8299 **Fax**: 416-979-2743

Toll Free: 1-866-979-8298 **Email**: info@cfso.care

LANGUAGES

English, Cantonese, Mandarin, Vietnamese, Tagalog

Farsi, Kurdish, and Turkish

語言: 英語、國語、粵語、越南語、他加祿語、

波斯語、庫爾德語、土耳其語

HOURS OF OPERATIONS -

Mon + Fri: 9 am - 5 pm

Tues, Wed, Thurs: 9 am - 8:30 pm

(Appointment only after 5pm)

辦公時間

星期一、五:上午九時至下午五時

星期二、三、四:上午九時 至 晚上八時半

(五時後需預約)



ACCREDITATION

Community Family Services of Ontario (CFSO) has been accredited by the Canadian Centre for Accreditation for its exemplary work in Family Counselling and Community Support services.

評鑑

家和的家庭輔導及安居社區服務, 持續獲得 CCA 的優質認證。



















客戶資料 絕對保密 •

CONFIDENTIALITY ASSURED

BOARD OF DIRECTORS

President	Tilda Hui				
Co-Vice Presidents	Teresa Tsui	Tom Chang			
Treasurer	Carrie Lee				
Secretery	Dr. Charlotte Lee				
Directors	Dr. Sean Chen	Dr. Yvonne Leung			
	Dr. Kai Ming Kan	Stephen Lo			
	Katherine Lam	Connie Woo			
	Saifoo Lau				
Executive Director	Dr. Anna Victoria Wong				

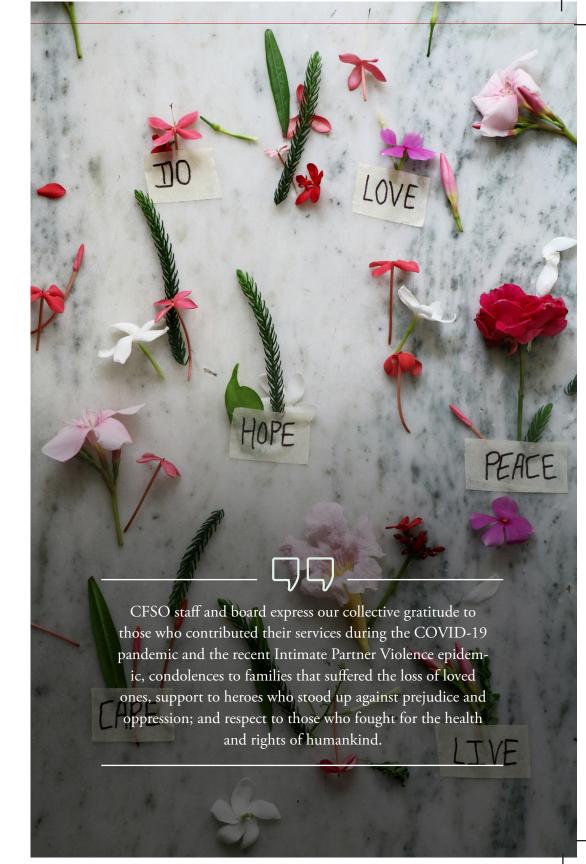
OUR MISSION

Community Family Services of Ontario helps build a safe and harmonious community by providing professional counselling, settlement, disabilities, and special needs services to individuals and families in need.

FUNDERS AND AFFILIATIONS

- Canada Revenue Agency
- Canadian Race Relations Foundation
- Canadian Women Foundation
- Centre of Addiction and Mental Health
- City of Toronto
- Community Donations
- Employment and Social Development Canada
- Heritage Canada
- Immigration, Refugees and Citizenship Canada
- Inclusion Canada
- Justice Canada
- MAGNET
- Ministry of Children, Community & Social Services
- Ministry of Citizenship and Multiculturalism
- Ministry of Education
- Ministry of Health, Ontario Health
- Ministry of Seniors and Accessibility
- Ministry of the Attorney General
- Ministry of the Solicitor General
- Ontario Trillium Foundation
- Public Health Agency of Canada
- Public Safety Canada
- Individuals Sponsors
- United Way of Greater Toronto and Peel Region, York Region
- York Region Transit
- Women and Gender Equality Canada









OUR

SERVICES

Counselling, Psychotherapy & Family Services

- Individual / Couple / Family Counselling
- Mental Health Counselling & Psychotherapy Program
- Partner Assault Response Program
- Program for Problem Gamblers
- Violence Against Women Program / Transitional and Housing Support Program
- Counselling Services for Probationers
- Youth Services
- Anger Management Individual Program
- Mental Health Counselling & Psychotherapy Program



Newcomer Settlement Services



Disability & Special Needs Services



0







january 2024 A

SUNDAY ⊟	MONDAY —	TUESDAY =	WEDNESDAY \equiv	THURSDAY 四	FRIDAY 五	SATURDAY 六
31 +h	1 =+ New Year's Day	2	3	4	5	6 小寒
7 世六	8	9 #八	10 th	11 臘月	12 初二	13 初三
14 初四	15 初五	16 初六	17 初七	18	19 _{初九}	20 大寒
21	22 +=	23	24	25 +±	26	27
28	29	30 =+	31	1	2 #=	3



26 Chary Chinese New Year Celebration 2023 february 2024 =

SUNDAY ⊟	MONDAY	TUESDAY \equiv	${\tt WEDNESDAY} \equiv$	THURSDAY 🖂	FRIDAY 五	SATURDAY 六
28	29 +h	30 =+	31 #-	1 #=	2	3
4 立春	5	6	7	8	9 ≡+	10 春節 Lunar New Year 農曆新年
11 初二	12	13 初四	14 初五 Valentine's Day	15	16	17
18 初九	19 雨水 Family Day	20	21 +=	22 +=	23	24 +±
25	26	27	28 +h	29 =+	1	2





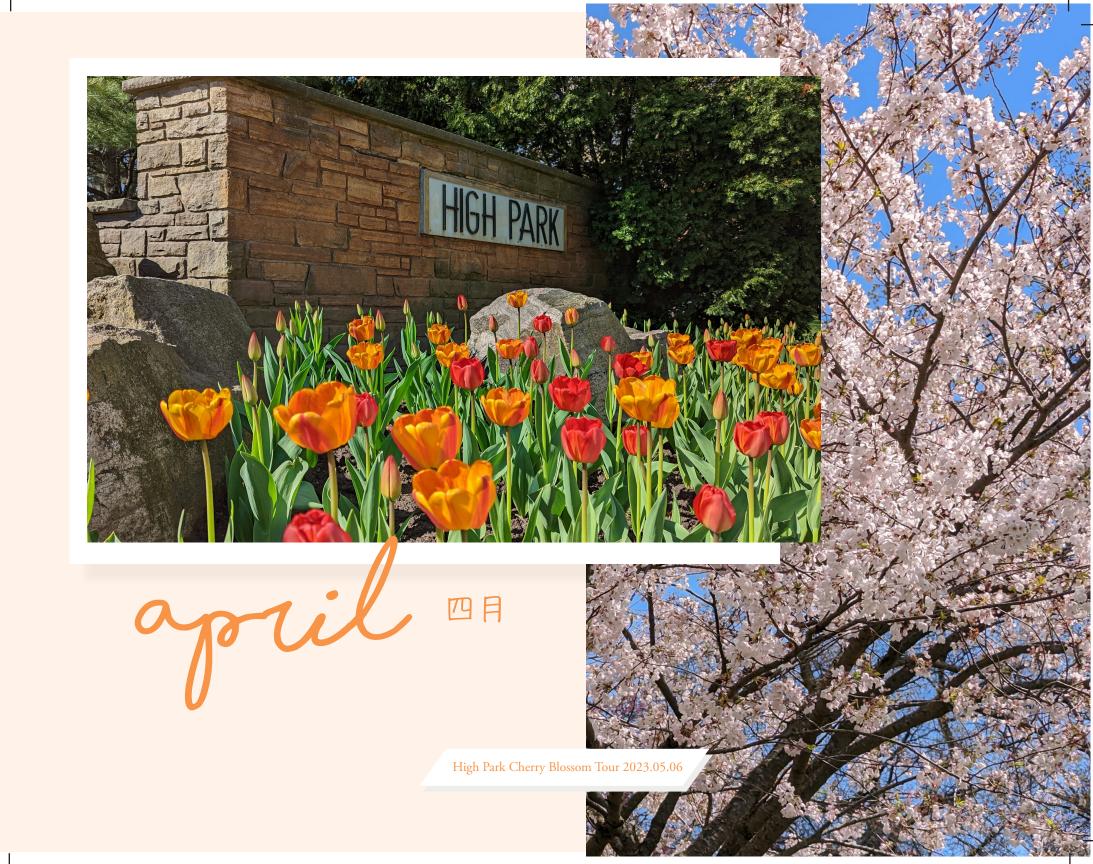
march



march 2024 =

SUNDAY ⊟	MONDAY —	TUESDAY \equiv	${\tt WEDNESDAY} \equiv$	THURSDAY 四	FRIDAY 五	SATURDAY 六
25	26	27	28 +h	29 =+	1	2
3	4	5 ^繁	6 #六	7	8 廿八 International	9
10 二月 Daylight Saving Time Starts	11 初二	12	13	14 _{初五}	Women's Day 15 初六	16 初七
Time Starts 17 初八 St. Patrick's Day	18 初九	19 _{初+}	20 ^{春分}	21 +=	22	23
24 +±	25	26	27	28 +h	29 =+ Good Friday	30
31 #= Easter Sunday	1 #=	2	3 #五	4 清明	5	6





april 2024 A

SUNDAY ⊟	MONDAY —	TUESDAY \equiv	WEDNESDAY \equiv	THURSDAY 🖂	FRIDAY Ξ	SATURDAY 六
31	1 ⊞≡ Easter Monday	2	3 #五	4 清明 Ching Ming Festival	5	6
7	8 =+	9 三月	10 初二	11 初三	12 初四	13
14 _{初六}	15	16 初八	17 初九	18 初十	19 穀雨	20
21 +=	22	23 +±	24	25 +t	26	27
28 =+	29	30	1	2	3 #五	4



OUR SUCCESS IN NUMBERS

FOR THE YEAR ENDED MARCH 31, 2023

		2023	2022
S	Grants	\$ 2,650,658	\$ 2,592,759
5	Service and Consultation Fees	55,914	37,440
REVENUES	Donations and Fundraising	95,594	43,665
Æ	Investment and Other Income	27,126	33,168
	Government assistance	-	11,492
	Total	2,829,292	2,718,524
S	Salaries and Benefits	2,062,344	1,834,056
EXPENSES	Rent and occupancy costs	256,757	234,871
PE	Programs	135,896	176,123
Ä	Office and general	114,022	129,207
	Net amortization	89,728	91,205
	Publicity and promotion	24,295	53,719
	Telephone	29,607	29,299
	Staff training	22,972	24,362
	Membership	15,766	17,060
	Insurance	17,250	15,140
	Professional fees	13,213	11,173
	Volunteers' expense	2,806	3,730
	Travel	3,292	567
	Total	2,787,948	2,620,512
	Excess of revenue over expenses	\$ 41,344	\$ 98,012

Auditor:

RASHIDI LLP | CHARTERED PROFESSIONAL ACCOUNTANTS



^{**} Copy of the audited financial statement available upon request

may 2024 月

U SUNDAY ⊟	MONDAY —	TUESDAY \equiv	$\text{Wednesday} \equiv$	THURSDAY 🖂	FRIDAY 五	SATURDAY 六
28 =+	29	30	1 #=	2	3	4
5	6	7 _{廿九}	8 四月	9 初二	10	11 初四
12 初五 Mother's Day	13	14 _{初七}	15	16 初九	17	18
19	20 小滿 Victoria Day	21	22 +±	23	24	25
26	27 =+	28	29	30	31	1
•	•	•	•	•	•	•











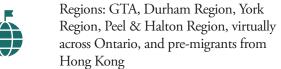
CFSO'S KPIS IN REVIEW

1,100 UNI-buddies and counting

4.3 million media outreach served with group services

8,000 outreach participants served with education & training

Kurdish, and Turkish



Service Languages: English, Cantonese, Mandarin, Vietnamese, Tagalog, Farsi,



include Monday - The

SUND	AY 🖯	MONDAY —	TUESDAY \equiv	WEDNESDAY \equiv	THURSDAY 四	FRIDAY Ξ	SATURDAY 六
2	6	27	28	29	30	31	1
	十九	=+:	#-	#=	世三:	廿四	廿五
	2	3	4	5	6	7	8
	廿六	廿七	廿八	芒種	五月	初二	初三
	9	10	11	12	13	14	15
	初四	初五 Dragon Boat Festival 端午節	初六	初七	初八	初九	初十
1	6	17	18	19	20	21	22
Father	+- s Day	+=:	十三	十四	十五	夏至 Summer Solstice	+七
2	3	24	25	26	27	28	29
	十八	十九	=+	#-	廿二	廿三	廿四
3	0	1	2	3	4	5	6
	廿五	廿六	廿七	廿八	廿九	三十	小暑







CFSO Canada Day Celebration, 2023





6,112

Uniquely identifiable clients served

32,843

Client contacts documented

13,354

Client hours provided

inty 2024 H

U SUNDAY ⊟	MONDAY —	TUESDAY \equiv	${\tt WEDNESDAY} \equiv$	THURSDAY 🖂	FRIDAY Ξ	SATURDAY 六
30 ##	十六 Canada Day	2	3	4	5 =+	6 小暑
7 初二	8 初三	9 初四	10 初五	11 初六	12 初七	13
14 初九	15 初十	16	17 +=	18 +=	19 +m	20 +±
21	22 大暑	23	24 +h	25 =+	26	27
28	29	30	31	1	2	3 ^{世九}





august 2024 A

SUNDAY 🖯	MONDAY —	TUESDAY \equiv	WEDNESDAY ≡	THURSDAY 🖂	FRIDAY 五	SATURDAY 六
28	29	30	31	1	2	3 _{廿九}
	•		7	•		
4	为 二 Civic Holiday	6 初三	立秋	8 初五	9	10 初七
11 初八	12 初九	13 _{初+}	14	15	16 +=	17 +¤
18 +±	19 + ^	20	21	22 處暑	23 =+	24
25	26	27	28 ##	29	30	31

september



Thank you CFSO for providing such a great platform for mental health service. I would like to express my greatest gratitude to my counselor Jasmine. She is extremely patient and professional. With her help, I got so much better from my depression and I am now able to see problems with a more positive attitude. Thanks again CFSO!



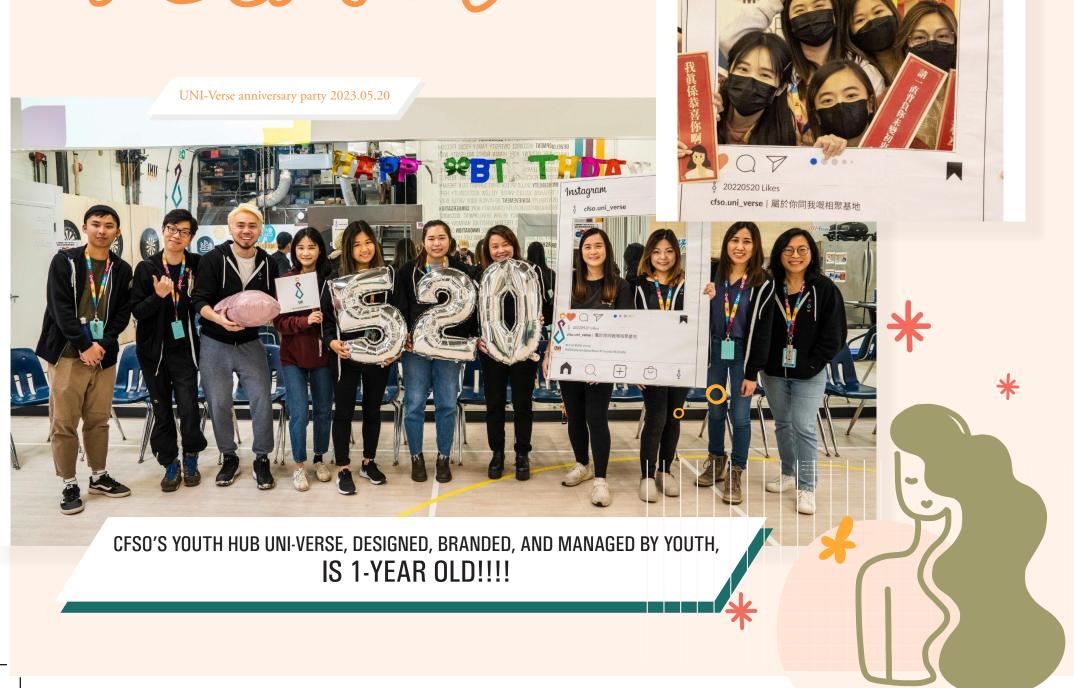


september 2024

SI	UNDAY 🗏	MONDAY —	TUESDAY \equiv	WEDNESDAY \equiv	THURSDAY 🖂	FRIDAY 五	SATURDAY 六
	1 世九	2 ≡+ Labour Day	3	4 初二	5	6 初四	7 白露
	8 初六	9 初七	10	11 初九	12	13	14
	15	16	17	18	19	20	21
	+ = 22	十四 Mid-Autumn 中秋節 Festival	^{+±} 24	⁺⁺ 25	26	+n 27	+h 28
	秋分	4 –	#=	∠ J	20	廿五	20 #六
	29	30 廿八 National Day for Truth and Reconciliation	1	2 ≡+	3 九月	4 初二	5 初三



october + 1



Instagram

cfso.uni_verse

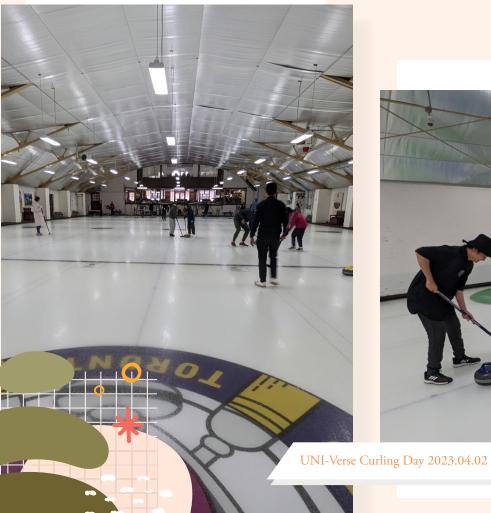
october 2024 =

SUNDAY ⊟	MONDAY —	TUESDAY \equiv	${\tt WEDNESDAY} \equiv$	THURSDAY 四	FRIDAY Ξ	SATURDAY 🛧
29	30 #A	1 世九	2 =+	3 九月	4 初二	5 初三
6 初四	7 初五	8 寒露	9 初七	10 初八	初九 Double Ninth Festival 重陽節	12 初十
13	14 += Thanksgiving	15 +=	16 +m	17 +±	18 +*	19 +t
20	21 +h	22 =+	23 _{霜降}	24	25 #=	26
27	28	29	30 #八	31 廿九 Halloween	1 十月	2 初二





november

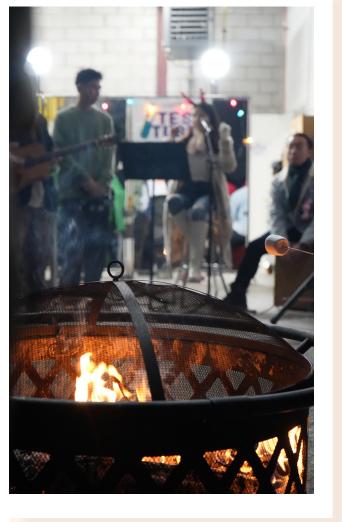




november 2024 -

SUNDAY ⊟	MONDAY —	TUESDAY \equiv	${\tt WEDNESDAY} \equiv$	THURSDAY 🖂	FRIDAY Ξ	SATURDAY 六
27 ##	28 ##	29	30	31 #h	1 十月	2 初二
初三 Daylight Saving Time Ends	4 初四	5 初五	6 初六	7 立冬	8 初八	9 初九
10 初十	11 +- Remembrance Day	12 +=	13 +=	14 +m	15 +±	16
17 +t	18 +A	19 +h	20 =+	21	22	23 #=
24	25 ##	26	27	28 #/\	29 ##	30 =+





UNI-Verse Xmas Party 2022









december 2024 =

SUNDAY ⊟	MONDAY —	TUESDAY \equiv	${\tt WEDNESDAY} \equiv$	THURSDAY 🖂	FRIDAY Ξ	SATURDAY 六
1 冬月	2 初二	3 初三	4 初四	5	6 大雪	7 初七
8 初八	9 初九	10 初十	11 +-	12 +=	13 +=	14 +¤
15 +±	16 +**	17 +t	18 +\(\tau\)	19 +h	20 =+	21 冬至 Winter Solstice
22	23 #=	24	25 世五 Christmas Day	26 世六 Boxing Day	27	28
29 #h	30 =+	31 臘月				





TWITTER OR CODE @CFSO_TO





INSTAGRAM

@ CFSO.CARE

@ CFSO.UNI VERSE



YOUTUBE CHANNEL
WWW.YOUTUBE.COM/CFSO TO

GIVE TO CFSO



YOUR SUPPORT MEANS EVERYTHING TO CFSO

您的資助能幫助家和維持機構的運作

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Name on Card: CVC (3 digits on back of card):		
or by scanning QR Code here >>>>>>	»»»»»»»»»»»»	
		回の経験回

WECHAT PAY OR ALIPAY



PAYPAL GIVING FUND

https://www.paypal.com/ca/fundraiser/charity/3423887

ONLINE

Payment at https://www.canadahelps.org/dn/2393

CHEQUE

payable to: CFSO

IN PERSON

at CFSO Headquarters located at 4051 Gordon Baker Road, Unit A, Scarborough, ON M1W 2P3